

P.O. Box 463  
Maple Plain, MN 55359  
(952) 934-0057  
www.wecanride.org

# 2021 WCR Equine Connections Lesson Registration Form Foundations, Taking Form, Framework, Enrichment

Return to office

Participant Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_ Height: \_\_\_\_\_

Weight: \_\_\_\_\_ Email: \_\_\_\_\_ Referral Source: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

\*If you have also filled out paperwork for riding, please fill in your name & schedule. Omit, liability and authorization for treatment.

Below is the description of our classes that we are offering. Please read through and check the most appropriate area for you! This form will sign you up for the first class you participate in, furthering classes will be announced as the year goes on and you may sign up at that time. If you don't know which class to sign up for, please ask a WCR Coach or Program Director.

\_\_\_\_ *Foundations (Beginner Horsemanship)*: This class introduces individuals without prior horse experience to the equine world through teaching the basics of horse safety, grooming, handling, general management, and ground-work. Building a strong foundation and relationship with the horse is the main focus, with ground-work and connection being the emphasis of the course.

\_\_\_\_ *Taking Form (Advanced Horsemanship)*: This class will fine-tune skills learned in Foundations, and continue to build upon them to more advanced skills. Lessons will go more in-depth into equine medical emergencies, anatomy & physiology, and lameness exams. Special focus will also cover understanding horse and human communication and connection. **Foundations is a prerequisite** to this course unless approved by an instructor.

\_\_\_\_ *Framework (Riding Preparatory Class)*: This class will be a structured course covering equipment used for riding and how to fit equipment properly. By the end of this course, participants should be able to manage their horses independently and be ready to begin riding. **Foundations and Taking Form are prerequisites** to this course unless approved by an instructor.

\_\_\_\_ *Bonding & Enrichment Time*: We will begin offering independent arena times to allow current and past participants the space and time to interact with the horses and practice groundwork. There will be an instructor present to help participants build off of skills learned in Foundations, however there will be little to no structured instruction. This arena time gives participants time to gain confidence in being independent handlers of a wide variety of horses while continuing to develop bonds with their equine partners. **Foundations is a prerequisite** course for Bonding & Enrichment Time.

\_\_\_\_ *Step-by-Step (Horseback Riding)*: As part of it's community outreach, WCR provides beginner through advanced riding lessons to the general public. Their focus is on Dressage, as it develops a good foundation for all genres of riding. Dressage requires correct body positioning, balance, core strength, and fine motor movements for proper execution - applicable in most genres. Step-by-Step is individual and group riding lessons reserved for first responders, to provide a fun, relaxing environment for them to learn something new. **Foundations, Taking Form, and Framework are prerequisites** to this course unless approved by an instructor. Different paperwork applies for this program.

Please describe your horse experience:

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Please list 3 short term goals:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

## 2021 Equine Connections Lesson Schedule

(More classes with Megan or other Coaches will be added at a later date)



Session (Circle)	Class Type	Day & instructor	Time (please circle/number for preference)			
I	-Equine Connections	Monday, Tabea	10:00-11:00 - Enrichment, Framework, Riding		1:00-2:30 - Foundations, Taking Form	
I	-Equine Connections	Monday, Kristy	2:00-3:00 - Enrichment, Framework, Riding			
I	-Equine Connections	Tuesday, Tabea	12:00-1:00 - Framework, Riding			
I	-Equine Connections	Tuesday, Kristy	1:00-2:00 - Framework		2:00-3:00 - Framework	
I	-Equine Connections	Wednesday, Kristy	5:00-6:00 - Framework		6:00-7:00 - Framework	
II	-Equine Connections	Monday, Kristy	1:00-2:00 - 5 wk. beginning 4/12. Enrichment, Framework, Riding		2:00-3:00 - 5 wk. beginning 4/12. Enrichment, Framework, Riding	
II	-Equine Connections	Tuesday, Tabea	12:00-1:00 - Framework, Enrichment, Riding			
II	-Equine Connections	Tuesday, Kristy	1:00-2:00 - 4 wks beginning 4/13- Framework, Riding		2:00-3:00 - 4 wks beginning 4/13- Framework, Riding	
III	-Equine Connections	Monday, Tabea	10:00-11:00 Enrichment, Framework, Riding	12:00-1:00 Enrichment, Framework, Riding	1:00-2:00 Enrichment, Framework, Riding	
III	-Equine Connections	Monday, Kristy	2:00-3:00 - Enrichment, Framework, Riding			
IV	-Equine Connections	Monday, Tabea	10:00-11:00 Enrichment, Framework, Riding	12:00-1:00 Enrichment, Framework, Riding	1:00-2:30 - Foundations, Taking Form	
IV	-Equine Connections	Monday, Kristy	1:00-2:30 - Foundations, Taking Form			
IV	-Equine Connections	Tuesday, Tabea	12:00-1:00 - Framework, Enrichment, Riding			
III, IV	-Equine Connections	Tuesday, Kristy	1:00-2:00 - Framework, Enrichment, Riding		2:00-3:00 - Framework, Enrichment, Riding	
II, III, IV	-Equine Connections	Wednesday, Kristy	4:00-5:00 - Enrichment, Framework	5:00-6:30 - Foundations	6:45-8:00 - Taking Form	8:00-8:45 - Enrichment

**Responsibility for Payment:** I hereby acknowledge that I am ultimately responsible for all charges applied to my account. I further acknowledge that I have read and understood the payment policies.

*Signature X* \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature (if participant is under 18): \_\_\_\_\_ Date: \_\_\_\_\_

# 2021 WCR Session Dates

Please keep for your own record

Saturday	Session I: Jan. 9, 16, 23, 30, Feb. 6. Make-up Feb. 13th. Session II: March 13, 20, 27, (Off April 3rd) April 10, 17, 24, May 1, 8. Make-up May 15 <sup>th</sup> . Session III: June 12, 19, 26, (Off July 3rd) July 10, 17, 24, 31, Aug. 7, Make-up Aug. 14 <sup>th</sup> & 21 <sup>st</sup> . Session IV: Sep. 11, 18, 25, Oct. 2, (Off Oct. 9th) 16, 23, 30, Nov. 6, 13, 20. Make-Up Dec. 4 <sup>th</sup> .
Sunday	Session I: Jan. 10, 17, 24, 31, Feb. 7. Make-up Feb. 14th. Session II: March 14, 21, 28, (Off April 4th) April 11, 18, 25, May 2, 9. Make-up May 16 <sup>th</sup> . Session III: June 13, 20, 27, (Off July 4th) July 11, 18, 25, Aug. 1, 8. Make-up Aug. 15 <sup>th</sup> & 22 <sup>nd</sup> . Session IV: Sep. 12, 19, 26, Oct. 3, (Off Oct. 10th) 17, 24, 31, Nov. 7, 14, 21, Make-up Dec. 5 <sup>th</sup> .
Monday	Session I: Jan. 11, 18, 25, Feb. 1, 8. Make-up Feb. 15th. Session II: March 15, 22, 29, (Off April 5th) April 12, 19, 26, May 3, 10, Make-up May 17 <sup>th</sup> . Session III: June 14, 21, 28, (Off July 5th) July 12, 19, 26, Aug. 2, 9. Make-up Aug. 16 <sup>th</sup> & 23 <sup>rd</sup> . Session IV: Sep. 13, 20, 27, Oct. 4, (Off Oct. 11th) 18, 25, Nov. 1, 8, 15 (Off Nov. 22nd) 29, Make-up Dec. 6 <sup>th</sup> .
Tuesday	Session I: Jan. 12, 19, 26, Feb. 2, 9. Make-up Feb. 16th Session II: March 16, 23, 30, (Off April 6th) April 13, 20, 27, May 4, 11. Make-up May 18th. Session III: June 15, 22, 29, (Off July 6th) July 13, 20, 27, Aug. 3, 10. Make-up Aug. 17 <sup>th</sup> & 24 <sup>th</sup> . Session IV: Sep. 14, 21, 28, Oct. 5, (Off Oct. 12th) 19, 26, Nov. 2, 9, 16 (Off Nov. 23rd) 30, Make-up Dec. 7 <sup>th</sup> .
Wednesday	Session I: Jan. 13, 20, 27, Feb. 3, 10. Make-up Feb. 17th. Session II: March 17, 24, 31, (off April 7th) April 14, 21, 28, May, 5, 12. Make-up May 19th. Session III: June 16, 23, 30, (Off July 7th) July 14, 21, 28, Aug. 4, 11, Make-up Aug. 18 <sup>th</sup> & 25 <sup>th</sup> . Session IV: Sep. 15, 22, 29, Oct. 6, (Off Oct. 13th) 20, 27, Nov. 3, 10, 17 (Off Nov. 24th) Dec. 1. Make-up Dec. 8 <sup>th</sup> .
Thursday	Session I: Jan. 14, 21, 28, Feb. 4, 11. Make-up Feb. 18 <sup>th</sup> . Session II: March 18, 25, April 1, (Off April 8th) April 15, 22, 29, May 6, 13. Make-Up May 20th. Session III: June 17, 24, July 1, (Off July 8th) 15, 22, 28, Aug. 5, 12. Make-up Aug. 19 <sup>th</sup> & 26 <sup>th</sup> . Session IV: Sep. 16, 23, 30, Oct. 7, (Off Oct. 14th) 21, 28, Nov. 4, 11, 18 (Off Nov. 25th) Dec. 2. Make-up Dec. 9th.

## **Days Off in the 2021 Riding Season:**

Saturday April 3rd through Friday April 9th.

Saturday July 3rd through Friday July 9th.

Saturday October 9th through Friday October 15th.

Monday November 22nd through Friday November 26th.

## 2021 WCR Release and Waiver of Liability

The undersigned Participant (the "Participant" or "I") desires to participate in the activities with We Can Ride, Inc., a Minnesota nonprofit corporation, including without limitation, being on property owned or used by We Can Ride, Inc. and engaging with or being near horses (the "Activities"). In consideration for being allowed to participate in the Activities, Participant hereby agrees, on behalf of Participant, and Participant's personal representatives, assigns, heirs, next of kin and any other successors-in-interest who are bound by the terms of this Release, as follows:

1. **ACCEPTANCE OF RISK. I UNDERSTAND THAT EQUINE ACTIVITIES, INCLUDING WITHOUT LIMITATION, RIDING, HANDLING AND BEING NEAR HORSES, AND BEING ON THE PROPERTY OF WE CAN RIDE, INC. HAVE MANY DANGERS AND RISKS AND CAN RESULT IN PERSONAL INJURY, DEATH AND/OR PROPERTY DAMAGE.** I desire to be a part of the Activities and understand and accept that participating in the Activities may entail risks to myself, to others and to property, and that my participation in the Activities is at my own risk.

Under Minnesota law, We Can Ride, Inc. is not liable for personal injury, death or property damage resulting from the inherent risks of equine activities. Pursuant to Minn. Stat. § 604.055, nothing in this Release purports or intends to waive liability for damage, injuries, or death resulting from conduct that constitutes greater than ordinary negligence.

2. **RELEASE AND INDEMNITY.** I agree to release, hold harmless and indemnify We Can Ride, Inc. and each of its owners, agents, employees, officers, directors, representatives, therapists, volunteers, assigns, members, owners of premises and trails, affiliated organizations, insurers and other acting on its behalf ("Representatives") from any and all present or future claims, losses, liabilities, costs and expenses of whatever kind of nature, including attorneys' fees ("Liability"), whether in law or in equity, arising from the Activities, including without limitation We Can Ride, Inc.'s alleged failure to comply with applicable laws and regulations or any Liability for personal injury, communicable diseases, death or property damage which results from the ordinary negligence of We Can Ride, Inc. or its Representatives. **IN NO EVENT SHALL WE CAN RIDE, INC. HAVE ANY LIABILITY FOR ANY CONSEQUENTIAL, INDIRECT, SPECIAL OR PUNITIVE DAMAGES, WHETHER BASED ON TORT OR CONTRACT, OR WHETHER WE CAN RIDE, INC. KNEW OR SHOULD HAVE KNOWN THE LIKELIHOOD OF SUCH DAMAGES.**

**2.OTHER.** We Can Ride, Inc. does not assume any responsibility to provide Participant with financial or other assistance, including but not limited to medical insurance, health insurance, or disability benefits (other than as may be specified in a written employment agreement). We Can Ride, Inc. shall not be liable for the loss of, theft of, or damages to any personal property of Participant. This Release shall be governed by and construed in accordance with the laws of the State of Minnesota and is intended to be as broad and inclusive as permitted by law. If any provision of this Release is held invalid, illegal or unenforceable, the validity, legality or enforceability of the remaining provisions shall not be affected.

**BY SIGNING THIS RELEASE, I EXPRESSLY STATE THAT I HAVE READ AND UNDERSTAND ITS TERMS AND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS AND I INDICATE MY INTENT TO ENTER INTO THIS RELEASE KNOWINGLY AND VOLUNTARILY.**

\_\_\_\_\_  
Participant Name

\_\_\_\_\_  
Participant Signature

\_\_\_\_\_  
Date

### **PARENT OR GUARDIAN SIGNATURE**

(Must be completed by all parents and guardians for participants under the age of 18)

**BY SIGNING THIS RELEASE, I CERTIFY THAT I AM THE PARENT OR LEGAL GUARDIAN OF THE PARTICIPANT, THAT I HAVE LEGAL AUTHORITY OVER PARTICIPANT, THAT I HAVE READ AND UNDERSTAND THE TERMS OF THIS RELEASE, AND THAT I FREELY SIGN THIS RELEASE AND WILL ABIDE BY ITS TERMS FOR MYSELF AND ON BEHALF OF PARTICIPANT.**

\_\_\_\_\_  
Parent or Guardian Print Name

\_\_\_\_\_  
Relationship to Participant

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date

**We Can Ride 2021**  
**Authorization for Emergency Medical Treatment**

Submit to office

Participants Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Clinic Phone: \_\_\_\_\_ Preferred Medical Facility: \_\_\_\_\_

Health Insurance Co.: \_\_\_\_\_ Policy #: \_\_\_\_\_

Allergies to medications: \_\_\_\_\_

Current medications: \_\_\_\_\_

Please list two people who may be contacted in case of emergency (these may include guardian)

Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

In the event emergency medical aid/treatment is required due to illness or injury during the process of receiving services or while being on the property of the agency, I authorize *We Can Ride, Inc.* to:

1. Secure and retain medical treatment and transportation if needed.
2. Release client records upon request to the authorized individual or agency involved in the medical emergency treatment.
3. To take all other reasonable measures to secure medical aid for the emergency.

**Photo Release**

**Circle ONE:** I hereby **do consent / do not consent** to and authorize the use and public distribution of any and all photographs of myself or others for whom I am authorized to give consent, including the use of audio/visual materials for promotion, education or exhibition or any other use to benefit *We Can Ride, Inc.*

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I have read, and understand all the material in this document. I hereby consent and agree to the conditions set forth herein.

Signature of Release   X   \_\_\_\_\_ Date \_\_\_\_\_

Client, Parent or Guardian

# We Can Ride - 2021 Payment Policy

## Volunteer, Community, Equine Connections

Participants:

We appreciate having you as part of our We Can Ride family! Please read this **2021 Payment Policy Notice** carefully and contact the office if you have any questions ([finances@wecanride.org](mailto:finances@wecanride.org)). Fee changes reflect changes in prices for horse care and upkeep of programming.

<b><u>2021 Fees:</u></b>	<b>Private Volunteer Lesson:</b>	Winter - \$365.00 five-week session Spring, Summer - \$584.00 eight-week session Fall - \$730.00 ten-week session
	<b>Semi-Private Volunteer Lesson:</b>	Winter - \$300.00 five-week session Spring, Summer - \$480.00 eight-week session Fall - \$600.00 ten-week session
	<b>Group Volunteer Lesson:</b>	Winter - \$250.00 five-week session Spring, Summer - \$400.00 eight-week session Fall - \$500.00 ten-week session
	<b>Private Community Lesson:</b>	Winter - \$390.00 five-week session Spring, Summer - \$624.00 eight-week session Fall - \$780.00 ten-week session
	<b>Semi-Private Community Lesson:</b>	Winter - \$340.00 five-week session Spring, Summer - \$544.00 eight-week session Fall - \$680.00 ten-week session
	<b>Group Community Lesson:</b>	Winter - \$315.00 five-week session Spring, Summer - \$504.00 eight-week session Fall - \$ 630.00 ten-week session
	<b>Equine Connections Riding:</b>	Winter- \$240.00 five-week session Spring, Summer - \$384.00 eight-week session Fall - \$480.00 ten-week session
	<b>Equine Connections Foundations:</b>	Winter- \$150.00 five-week session Spring, Summer - \$240.00 eight-week session Fall - \$300.00 ten-week session
	<b>Equine Connections Advanced:</b>	Winter - \$100.00 five-week session Spring, Summer - \$160.00 eight-week session Fall - \$200.00 ten-week session

Please contact the Finance Manager at [finances@wecanride.org](mailto:finances@wecanride.org) prior to the payment due date if you need to make arrangements due to financial hardship. ***All credits will expire at the end of the current calendar year. Unless otherwise instructed, credits will be used to support We Can Ride's program operation.***

If the participant is scheduled for more than one session, payment is due only for the immediately upcoming session; payment for the next enrolled session will be due three weeks prior to that session's start date.

# Equine Connections Lesson Information

**Clothing & footwear:** Dress for the weather, in clothes you don't mind getting dirty. Please wear sturdy shoes (tennis shoes, or boots) NO SANDALS, crocs, boat or open toed shoes. Depending on the time of year, we may be in a heated arena or outside.

**Paperwork:** Fill out any necessary paperwork (registration, authorization for treatment and liability release) found on our website, [wecanride.org](http://wecanride.org) or request it at [clients@wecanride.org](mailto:clients@wecanride.org). Fill out ahead of time and send to [clients@wecanride.org](mailto:clients@wecanride.org). All lessons are first come first serve, sold in blocks - every week at the same time and must be prepaid and pre-registered.

**Lesson set up:** Lessons will be set up in groups of up to 12 and at a minimum of 2 (Sign up with your friends!) Depending class type. More classes may be added based on demand. If your schedule is known, please sign up for all classes you wish to attend for all of 2021.

## Cancellation Policy:

- There will be no make-ups or refunds for individual participant absences. If a class is cancelled by WCR, a make-up or credit will be offered.
- In order to receive your money back or get a credit, the session must be cancelled with no less than 10 days prior to the start of the session or the deposit will be retained.

## Payment:

- \$100 deposit will be billed for each session requested. This is part of the session fee, not in addition to.
- Invoices will be sent to your email (please add [finances@wecanride.org](mailto:finances@wecanride.org) to your contact list). You can click on the link to pay your invoice via CC - please pay promptly once invoice is received.
- Please let us know if you need to delay payment or need a payment plan.

**Parking & address:** Our address is 4301 county Rd. 24, Medina/Maple Plain, MN 55359. We share our facility with the Three Rivers Park and are located on the Public Safety property. There is a sign by the entrance. You can park anywhere on the pavement (including down the driveway). Please do not park by the barn or in the reserved police parking.

## Testimonials

More than 90% of Pilot participants see an overall decrease in stress assessment scores. In exit surveys, Pilot participants emphasized the connection they felt with the horses, and how they looked forward to learning something new with the animals every week.



“The thing I liked most about this program was the opportunity to spend 45 minutes to one hour connecting with a fascinating and beautiful animal without worrying about my ‘to-do’ list or other life stressors. It was sort of a chance to escape life and some of the darkness our job brings.”

“I think this is a positive outlet especially with the way of the world right now. A lot of us are stuck in the home or work rut due to COVID, so this is something new to look forward to each week. The staff members gave off a patient, caring vibe. With the other patrons being of the same profession it is easy to talk to either staff or patrons.”